



**A group for people with disabilities run by people with disabilities.**

Listen to us!



You have a lot to say.

We want you to be heard and have a voice.



So we have created a Speaking Up Group!

Open to everyone who has a disability

Check out our website:

[www.twdpg.org/our-work/speaking-up-group.html](http://www.twdpg.org/our-work/speaking-up-group.html)



Support by:  
[www.twdpg.co.uk](http://www.twdpg.co.uk)

